#### **FACULTY**

# Lenore T. Coleman, Pharm. D., CDE, FASHP

Chartered Family Health Center Health Education Program Washington, DC

#### Jeffrey Unger, MD

Chino Medical Group Diabetes and Headache Chino, CA

#### Eileen R. Chasens, DSN, RN

University of Pittsburgh School of Nursing Pittsburgh, PA

#### Brandon Allard, MD

Sanford Endocrinology Sioux Falls, SD

#### Connie Manderscheid, RPh.

Avera Midlife Care for Women Sioux Falls, SD

#### Karen Garnaas, MD

Neurology Associates Sioux Falls, SD

# **MRCDE**

Mt. Rushmore Chapter of Diabetes Educators (MRCDE), a member of AADE, is dedicated to advancing the role of the diabetes educator and improving the quality of diabetes education and care.

#### Opportunities MRCDE provides:

- Current information to enhance knowledge and skills
- Networks for exchange of information
- Collaborative relationships between individuals and organizations
- Access to national resources
- Involvement in legislative issues impacting diabetes care.

### **SCHEDULE**

#### THURSDAY, SEPTEMBER 11

9:00-10:30 am **MRCDE Business Meeting** 10:30-11:00 am Registration & Welcome 11:00 am-12:00 pm **Diabetes and Hormones:** Identifying the Connection, **Seeking Alternative Options** Connie Manderscheid, RPh. 12:00-1:00 pm Lunch 1:00-3:00 pm Sleepless in South Dakota: A Barrier to Self-Management of Diabetes Eileen Chasens, DSN, RN 3:00-3:30 pm Vendor Break 3:30-5:30 pm Diabetes and Obesity Lenore Coleman, Pharm. D., CDE

#### FRIDAY, SEPTEMBER 12

8:00-9:00 am	Neuropathic Manifestations in Diabetes Karen Garnaas, MD
9:00-9:45 am	Breakfast & Vendor Break
9:45-10:45 am	Can the Natural Course of Type 2 Diabetes Be Changed Jeffrey Unger, MD
10:45-11:15 am	Indentification and Management of Patients with Latent Autoimmune Diabetes of Adulthood (LADA) Jeffrey Unger, MD
11:15 am-12:15 pm	Thyroid and Diabetes Management Brandon Allard, MD

#### CONTINUING EDUCATION

"This continuing nursing education activity was approved by CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation." Registered Dietitian credits are on the Portfolio System.

#### **REGISTRATION FORM**

Participants are responsible for their own

Registration is required to attend.

Plea	se print or type:
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Title	(health care discipline):
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Tele	phone:
eren Ogene	
Regi	stration Fee:
	MRCDE Member: \$25
	Non-MRCDE Member: \$75
	se mark your choice of entrée for the
lunc	neon on Thursday, September 11:
	Pan-seared salmon
	Herb grilled chicken breast
	cate any food allergies, so that we
may	attempt to accommodate your me
Mak	e check payable to:
	MRCDE
	Attention: Mary Haan
	200 W. St. Andrews Drive

September 5, 2008

Please dress appropriately. Room temperature varies.

Registration Deadline:

# About this conference...

Goal: To provide participants with information on current clinical care and education issues for persons with diabetes.

Target Audience: Healthcare professionals interested in advancing their knowledge related to diabetes and diabetes education.

# **Objectives:**

- · Describe normal sleep in adults and methodologies used to assess normal sleep and sleep disorders.
- · Identify factors associated with insufficient sleep duration and sleep fragmentation that are associated with the development of obesity, metabolic syndrome and type 2 diabetes.
- · Describe the psychological results of sleep disorders that become obstacles to effective self-management of diabetes.
- Discuss the pathogenesis of type 2 diabetes.
- Discuss the pathogenesis of Latent Autoimmune Diabetes of Adulthood.
- · Explain the rational for the goals of obesity treatment that are to (a) reduce body weight, (b)maintain a lower body weight over the long term, and (c) improve obesity-related co-morbid conditions and reduce the risk of future comorbidities.
- Describe the recommendations for lifestyle management of diabetes and obesity.
- · Identify the influences of thyroid function on metabolic control.
- Recognize neuropathic symptoms in the metabolic patient.
- Identify the effect of hormones on diabetes control.

Diabetes 2008:

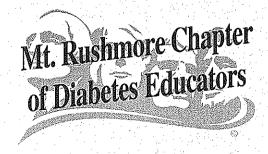
The Multiple Connections of Diabetes

September 11-12, 2008

Holiday Inn City Centre 100 W. 8th Street Sioux Falls, South Dakota

Presented by:

**MRCDE** 



Mt. Rushmore Chapter of Diabetes Educators % Avera McKennan Diabetes Center Sioux Falls, SD 57117-5045 800 E. 21st Street